

Resilient Schools®.

Thriving In the 21st Century

A One Day Workshop For Schools and School Districts

~ Resiliency Research In Education

- Resiliency research and the implications for schools in the 21st century
- Risk vs. Resiliency - a vitally important new paradigm for educators and students
- Risk factors and protective factors defined

~ Why Educators Must Begin to Foster Resiliency In Their Students

- Impact of social, technological and economic changes on students
- Negative influences of the media on student's thinking and values
- Why educators must learn to become more resilient

~ The Seven Keys to Resiliency® A New Model of Human Empowerment

1. **Mind Power** - Creating Positive Attitudes and Belief Systems
2. **Emotional Intelligence** - Developing Your Social and Emotional Skills
3. **Positive Relationships** - Building Strong and Healthy Relationships
4. **Mastery Learning** - Achieving Your True Learning Potential
5. **Moral Intelligence** - Living Your Highest Values and Principles
6. **Compelling Vision** - Creating an Exciting and Positive Future
7. **Principled Leadership** - Teaching and Modeling Courage and Wisdom

~ Making The Changes That Will Build Resilient Students and Educators

- Using the Seven Keys to Resiliency® with students and staff
- Developing a school wide discipline program
- Profiles of resiliency building schools
- Completing the **Resilient Schools Audit**
- Initiating changes that will build resiliency

~ Resiliency Building In Practice

- Developing a school vision and mission
- Building a commitment with teachers, support staff & students
- Involving parents and the community
- Evaluation strategies

~ Questions and Closing Remarks

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Phone: 250.545.7443 ~ Email: info@ResiliencyInstitute.com ~ Website: www.ResiliencyInstitute.com